

# Breakfast Menu

## Springhurst Elementary

May  
2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM

### Monday

### Tuesday

### Wednesday


### Thursday

### Friday

5 Whole Grain French  
Toast Slices   
Fresh Peach  
Orange Juice



6 Homemade Waffles    
Scrambled Eggs with  
Cheese   
Pineapple  
Orange Juice

7 WG Donut   
Turkey Bacon  
Crispy Potato Puffs  
Fresh Banana  
Orange Juice



1 Homemade Waffles    
Crispy Turkey  
Sausage Links  
Crispy Potato Puffs  
Fresh Strawberries  
Orange Juice



2 Apple Strudel   
Sliced Oranges  
100% Apple Juice

12 Bagel Melt   
Fresh Pear  
100% Apple Juice

13 Homemade Waffles    
Scrambled Eggs   
Fresh Banana  
100% Apple Juice


14 Apple Strudel   
Sliced Oranges  
100% Apple Juice



15 Homemade Waffles    
Sausage Patty  
Crispy Potato Puffs  
Fresh Strawberries  
100% Apple Juice

16 Ham & Cheese Bagel  
Melt   
Fresh Blueberries  
100% Apple Juice



19 WG Donut   
Crispy Potato Puffs  
Fresh Orange  
100% Juice Fruit  
Punch





20 Homemade Waffles    
Scrambled Eggs with  
Cheese   
Sliced Apples  
100% Juice Fruit  
Punch

21 Fluffy Whole Grain  
Pancakes   
Crispy Potato Puffs  
Fresh Banana  
100% Juice Fruit  
Punch




22 Homemade Waffles    
Turkey Bacon  
Fresh Blueberries  
100% Juice Fruit  
Punch

23 Whole Grain French  
Toast Slices   
Scrambled Eggs   
Pineapple  
Orange Juice  
100% Juice Fruit  
Punch

26



27 Homemade Waffles    
Scrambled Eggs   
Fresh Banana  
Orange Juice

28 WG Donut   
Crispy Potato Puffs  
Plums  
Orange Juice

29 Homemade Waffles    
Crispy Potato Puffs  
Sliced Apples  
Orange Juice



30 Whole Grain  
Pancakes with  
Sausage  
Fresh Pear  
Orange Juice



View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

### DAILY BREAKFAST OPTIONS

BREAKFAST BARS,  
ASSORTED MUFFINS,  
YOGURT PARFAITS

FRESH NY BAGELS

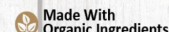
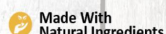
### WG REDUCED SUGAR CEREALS

### MTO BREAKFAST SANDWICHES

FRESH FRUIT %, 100% FRUIT JUICE

PAID BREAKFAST PRICE: STUDENTS \$1.25  
ADULTS: \$2.94

Any questions or concerns contact the FSD: [massiahj@dfs.org](mailto:massiahj@dfs.org)





# Lunch Menu

## Springhurst Elementary

May  
2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

5 Mozzarella Sticks  
Marinara Sauce  
Cherry Tomatoes  
Steamed Broccoli  
Strawberries  
Apple Slices



6 Cheese Quesadilla  
Buttered Corn  
Confetti Black Bean  
Salad  
Pineapple  
Sliced Oranges

TACO MEAT, NACHO  
CHEESE OVER NACHO  
CHIPS

7 Beef Hot Dog on Bun  
Baked Beans  
Oven Baked Fries  
Watermelon Slices  
Fresh Green Grapes  
**BEEF**

1 Homemade Baked  
Pasta with Cheese  
Sauteed Spinach  
Roasted Butternut  
Squash  
Fresh Banana  
Fresh Peach

2 Classic Cheese Pizza  
Pepperoni Pizza  
Garden Salad  
Cucumber Topping  
Apple Slices  
Fresh Strawberries

12 Cinnamon French  
Toast  
Crispy Turkey  
Sausage Links  
Sweet Potato Fries  
Fresh Strawberries  
Fresh Blueberries



13 Crispy Tacos  
Seasoned Pinto  
Beans  
Buttered Corn  
Pineapple  
Apple Slices

TURKEY TACO MEAT

14 Homemade Mac &  
Cheese  
Steamed Broccoli  
Sauteed Zucchini  
Fresh Pear  
Pineapple



15 Wing Shack Chicken  
Wings  
Oven Baked Fries  
Mixed Vegetables  
Whole Wheat Dinner  
Roll  
Fresh Peach  
Fresh Green Grapes

16 Classic Cheese Pizza  
Pepperoni Pizza  
Garden Salad  
Carrot Sticks  
Apple Slices  
Fresh Orange



19 Cheesy Stuffed  
Bread Sticks  
Green Beans  
Steamed Carrots  
Watermelon Slices  
Fresh Grapes

20 Baked Chicken  
Tenders  
Homemade Corn  
Muffins  
Mashed Potatoes  
Pineapple  
Apple Slices

21 Homemade Pasta &  
Meatballs  
Steamed Broccoli  
Steamed Peas  
Applesauce

HONEY DEW  
CHICKEN MEATBALLS

22 Grilled Cheese  
Sandwich  
Sweet Potato Fries  
Confetti Garbanzo  
Bean Salad  
Sliced Oranges  
Plums

23 Classic Cheese Pizza  
Pepperoni Pizza  
Garden Salad  
Cucumber Topping  
Fresh Pear  
CANTALOUPE



27 Whole Grain Waffles  
with Sausage  
Hash Brown Potatoes  
Buttered Corn  
Pineapple  
Apple Slices



28 Homemade Baked  
Pasta with Cheese  
Steamed Broccoli  
Steamed Carrots  
Fresh Grapes  
Fresh Peach

29 BBQ Chicken Sauce  
& Toss  
Whole Wheat Dinner  
Roll  
Oven Baked Fries  
Confetti Garbanzo  
Bean Salad  
Plums  
Applesauce

30 Classic Cheese Pizza  
Pepperoni Pizza  
Garden Salad  
Cherry Tomatoes  
Pineapple  
CANTALOUPE



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### AVAILABLE DAILY

DELI BAR, YOGURT MEAL SALAD BAR

CARROT, CELERY AND SIDE GARDEN  
SALAD

ALL MEALS ARE SERVED WITH

A CHOICE OF FRUIT,

VEGETABLE, 1% OR FF

CHOCOLATE MILK Made With Natural Ingredients

FRUIT JUICE

### SECOND OPTION

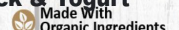
**Monday: Chicken Corn Dogs**

**Tuesday: Cheese Quesadilla**

**Wednesday: Turkey Hot Dogs**

**Thursday: Grilled Cheese**

**Friday: Bagel, Cheese Stick & Yogurt**



ANY QUESTIONS CONTACT THE FSD: [MASSIAHJ@DFSD.ORG](mailto:MASSIAHJ@DFSD.ORG)